

# MANAGE YOUR HEALTH AND YOUR SOCIAL LIFE

The Interservice Service of Preventive Medicine and Health Promotion (SIMPPS) welcomes students of the two universities in Rennes free of charge and in strict confidence.

Medical and social support for students is provided by doctors, nurses, social workers, psychologists, psychiatrists and dieticians.

The secretariat handles the scheduling of appointments and can direct students to the appropriate services.

## **Health Service :**

- Scheduling the obligatory medical visit for undergraduate students (to make an appointment, please contact the secretariat)
- Issuing of medical certificates (sports, non-contagious, special arrangements for studies)
- Specialised consultations:
  - Contraception, gynaecological check-up
  - Private session with a psychologist or a psychiatrist
  - Help to stop smoking by a certified doctor
  - Dietary check-ups by certified professionals
  - Relaxation therapy
  - First aid training courses
- Nursing care
- Medical emergencies
- Planning, participation, supervision of public health projects and actions directed towards students.

## **Social Service :**

- Informing students of and directing them to various different support schemes or actions
- Helping and supporting students in their various activities
- Mediation between different groups or partners
- Help with certain formal applications (administrative, financial aid, ...)

### **Campus of Rennes 2**

**POLE SANTE ET SOCIAL**

**Bâtiment EREVE – 2<sup>ème</sup> étage**

**Place du Recteur Henri Le Moal - CS 24307**

**35043 Rennes cedex**

**Tél. 02 99 14 14 67**

**Fax. 02.99 14 20 70**

**[simpps@univ-rennes1.fr](mailto:simpps@univ-rennes1.fr)**

### **Campus of Rennes 1**

**SIMPPS – bâtiment 21**

**263 avenue du Général**

**Leclerc**

**35042 Rennes Cedex**

**Tél 02 23 23 55 05**

**Fax : 02 23 23 55 04**

**[simpps@univ-rennes1.fr](mailto:simpps@univ-rennes1.fr)**